

Specimen Requirements

Select mdx is a urine test that helps physicians determine if a patient is at a higher or lower risk for clinically significant prostate cancer prior to biopsy.

Patient Clinical Information Requirements:

- Date of birth
- PSA result and date (most recent)
- DRF result
- Prostate volume (only if obtained by MRI or ultrasound)

Urine Specimen Requirements:

• First catch, post-modified DRE urine

Labeling Instructions:

- First name and last name
- Date of birth

Turnaround Time:

• Within 5 business days from receipt of specimens

Patient Eligibility:

• Patient has not been previously diagnosed with prostate cancer

Causes for Specimen Rejection:

- Modified DRE was not performed prior to obtaining the patient's urine sample
- Urine sample not received by mdxhealth within 5 days
- Patients receiving treatment known to affect PSA levels (eg. 5a-reductase inhibitors such as finasteride and dutasteride)
- Urine collected in an expired collection tube
- Collection date not provided



Xpert One Support is founded on personal attention, responsiveness, and commitment to customer satisfaction. Our Xperts are truly experts on mdxhealth products and processes, from specimen requirements and shipping logistics, to clinical insights. Together with your mdxhealth Molecular Diagnostic Specialist, Xpert One Support strives to make your mdxhealth experience the best it can be.

Physicians, patients, lab technicians, and everyone in the fight against prostate cancer—you can expect more from Xpert One Support.







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